

# Prayer Requests

# Sermon Notes

**“The Holy Spirit: The One Who Causes Fruit to  
Grow”**

**Galatians 5:22-23**

# Sermon Guide

Galatians 5:22-23



- ▶ What is the biggest change being a follower of Christ has made in your life or the life of someone close to you?

Read [Galatians 5:16-26](#)

1. According to this passage, what two natures are at work in each Christ-follower? What is the difference between the two?
2. What are the works of the flesh (v. 19-21)? Is this an exhaustive list? What will happen to the people who do these things?
3. Can a person who lives according to the “works of the flesh” in verses 19-21 be a true Christian? Why or why not?
4. What are the fruits of the Spirit? How can a person cultivate the character qualities of the Holy Spirit in his or her life?
5. How can we “keep in step” with the Holy Spirit?

GROW

# Sermon Guide

Galatians 5:22-23



- ▶ The Bible demonstrates that sometimes we sin when we do things that we should not, and then sometimes we sin by not doing the things that we should. Are there works of the flesh that you are practicing? Are there parts of the fruit of the Spirit that you are neglecting? What should repentance look like for you?
- ▶ Which spiritual fruits are blossoming in your life? Which do you need to cultivate? What can you do this week to nurture the character of the Holy Spirit in your life?

GLORIFY

Read and reflect on the following prayer: “Lord, fill us with the fruit of the Spirit. Help us to live by the Spirit, and not the desires of the flesh. Let us lead by example, and show others love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. In Jesus’ Name, Amen.”