Sermon Guide

Psalm 46



In Psalm 46, the psalmist affirms that God provides His presence, stability, and peace even amidst chaos and destruction. Share of a time when life as you knew it was threatened. How did you respond? What happened?

Read Psalm 46

- 1. Why does the writer feel immune to disaster (vv. 4-5)? Did Israel prove to be immune?
- 2. What phrases describe God in this passage?
- 3. What does it mean that the Lord is Almighty?
- 4. To whom is "Be still and know that I am God" directed (v. 10)? What do you think it means given the context?



▶ What difference does it make to you to know Jesus is Lord over all those chaotic events (vv.2-3, 6, 9-10)? How is he a fortress for you?
Where do you feel a need for his special protection right now?
▶ What does it look like for you to "Be still and know that I am God" at this moment in time? Is it easy for you to be still or difficult?

GLORIFY U

Spend some time in prayer as a group. As each group member shares a trouble, one member can read v. 10 in response.